

# Little Lion Youth Wrestling

## Program Information

The Little Lion Youth Wrestling program provides elementary age children with the opportunity to participate in the challenging sport of wrestling. Coaches provide basic skills and fun workouts for the beginner wrestler while providing advanced wrestling technique and high endurance conditioning to the experienced wrestler. The program is designed for all children grades 1st to 6th. Children age 6 and under are welcome with parental supervision.

For more information visit our web site at [www.LittleLionYouthWrestling.com](http://www.LittleLionYouthWrestling.com)



Little Lion Youth Wrestling  
P.O. Box 345  
Boalsburg, PA 16827

# Little Lion Youth Wrestling Program



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# LLYW Program Information

**Start Date:** Monday, November 7, 2011

**Practice Time:** Monday & Thursday, 6:00 – 7:45 PM, some Tuesday's

**Practice Location:** Fairmount School, 411 South Fraser Street, State College, PA 16801

For more information visit [www.LittleLionYouthWrestling.com](http://www.LittleLionYouthWrestling.com) or Facebook at Little Lion Youth Wrestling

## Registration Information/Form

**Cost:** \$75 per wrestler, \$60 per each additional wrestler per family

Make checks payable to: **Little Lion Youth Wrestling** and mail to: Little Lion Youth Wrestling, PO Box 345, Boalsburg, PA 16827, or COME OUT and Register at our **"Give Wrestling a Try Night"** on Tuesday, November 1st, 2011 at the Lorenzo Wrestling Room within the PSU Rec Hall Annex from 6:00 PM – 8:00 PM and Wednesday, November 2<sup>nd</sup>, 2011 from 6:00 PM – 7:15 PM at Ken Chertow's Home Training Center in Boalsburg across from the Elks Country Club on RT45. Come out, meet the coaches and try the sport of wrestling. *Registration will open during our first two weeks of practice at Fairmount and will close by the end of practice on 11/17/11.*

**Wrestler's Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Approx. Weight:** \_\_\_\_\_

**Years of Wrestling Experience:** \_\_\_\_\_ **School:** \_\_\_\_\_

**Grade** \_\_\_\_\_ **T-Shirt Size:** \_\_\_\_\_ **Short Size:** \_\_\_\_\_

Youth Extra Small = 2-4, Small = 6-8, Medium = 10-12, Large = 14-16, Adult Small= 18-20

**Disabilities/Allergies:** \_\_\_\_\_

**Parent's Name(s):** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone: (H)** \_\_\_\_\_ **(H2)** \_\_\_\_\_

**Mom's E-mail:** \_\_\_\_\_ **(C)** \_\_\_\_\_

**Dad's E-mail:** \_\_\_\_\_ **(C)** \_\_\_\_\_

**Is your child interested in competing in the sport of wrestling:** \_\_\_\_\_ **Yes** \_\_\_\_\_ **No**

**Volunteers needed.....Are you available to volunteer?** \_\_\_\_\_ **Yes** \_\_\_\_\_ **No**

In submitting this entry, we waive, release, and forever discharge Little Lion Youth Wrestling, and its coaches and staff, and host facility for and from any and all injuries, losses, or other damages suffered by our child while participating in the sport of wrestling, while traveling to and from any events, or while participating in any events. We agree to indemnify and hold LLYW and all staff, and the host facility, harmless from and against any and all claims or demands, including reasonable attorneys' fees, made by any third party, to include our child, due to or arising out of our child's participation in this program. We agree to accept full responsibility for our child's action's while participating in this program. We acknowledge that participation in this program poses risks for our child, and we represent that our child is physically able to participate in this program.

**Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Office Use Only.....Method of Payment:** \_\_\_\_\_ **Cash** \_\_\_\_\_ **Check #** \_\_\_\_\_ **Amt. Enclosed: \$** \_\_\_\_\_

**Date Paid:** \_\_\_\_\_ **Received By Initials:** \_\_\_\_\_